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Rise Sister Rise: A Guide To Unleashing The Wise, Wild Woman Within



Synopsis

Rise for you, rise for me; when you rise first, you rise for she. Many women have spent their lives trying to succeed by "making it" in a man's world. But things are changing - more and more women are realizing that this way of being is no longer sustainable. We are experiencing a global shift that mystics through the ages have predicted: the return of the mother and the rise of the sacred feminine. Rise Sister Rise is a call to arms for women to rise up, tell their truth, and lead. It is a guide to cocreating a whole new archetype for women in these awakening times - a woman who does not keep herself small in order to make others feel more comfortable, a woman who knows that she is not her body weight, her sexual partners, or her career. A woman who understands the true meaning of sisterhood and that alone we are strong but together we are fierce. It is a manual for healing the insecurities, the fears, and the limiting inherited patterns that stop women from trusting their innate power and wisdom and being the people they came here to be. Full of tools, contemplative questions, rituals, and exercises, Rise Sister Rise will inspire you to listen to your intuition and act on it, to gather the courage to be seen and heard, to know your worth, and to heal the world around you by first healing yourself.

Book Information

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Audiobooks > Health, Mind & Body > Self-Help #292 in Books > Self-Help > Motivational

Customer Reviews

Rebecca Campbell is always a gem + serves tons of inspiration in her new book, "Rise Sister Rise." I don't think it was quite as actionable as her first book, "Light is the New Black," but a worthy read for people wanting to dig a little deeper.

I bought this because it was recommended by . The style of writing is not what I usually read but that didn't take away from what Rebecca was saying. I haven't ever thought about the moon cycles or seasons the way she talked about them and I'm now obsessed with finding out more!!

What a nourishing read. Thought provoking, insightful advice interspersed with poetry. A truly ancient, yet modern, message that will inspire and encourage you to be who you really be. Love it :)

Rebecca gives voice to the force moving among us sisters on the empowering and awakening journey.

This book is inspiring and deeply motivating without coming across as a know it all. It's like sitting down with your grandmother and getting wisdom you deeply needed at the right moment.

Not what I expected but a great read.

Have just loved this book, gave me such clarity around my soul whispers & I really felt a strong connection to the author & extended community also sharing the life journey.

Holy smokes! Inspiring read!

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